



# Volunteer Application

Thank you for your interest in volunteer opportunities at The Hunger Stop (Lanark County Food Bank). Volunteers are our most valuable resource and we could not operate without you!

The Hunger Stop is a medium-sized Food Bank and volunteers are strongly encouraged to assist in all its daily operation. This may include: Client Service (filling boxes or bags for client orders, acting as a shopping buddy), receiving food donations (weighing, sorting, and stacking items), pickup and delivery of food items (only if agreed upon in advance) and other duties as required.

All qualified individuals are welcome to join our family. We collect the information below to ensure effective communication, volunteer recognition and volunteer safety. Questions may be directed to our Volunteer Coordinator at [volunteers.thehungerstop@gmail.com](mailto:volunteers.thehungerstop@gmail.com).

**Name:** \_\_\_\_\_

**Address:** \_\_\_\_\_

**Telephone:** \_\_\_\_\_ **Email Address:** \_\_\_\_\_

## Emergency Contact Information:

**Name:** \_\_\_\_\_

**Telephone:** \_\_\_\_\_ **Relationship:** \_\_\_\_\_

## Medical:

Do you have any medical concerns we should be aware of, such as allergies, activity restriction (e.g., no heavy lifting) or other concerns – Y / N.

If yes please describe: \_\_\_\_\_

## Community Service Hours

Is this application intended to fulfill community service hours? Y / N

If yes, is this for: School \_\_\_\_ Other \_\_\_\_ Number of hours required \_\_\_\_ By Date: \_\_\_\_\_

## Availability

Volunteer positions are required during our normal working hours and for special events (such as food drives). Please indicate whether you would prefer regular volunteer hours, special event hours or both.

Regular hours \_\_\_\_\_ Special events \_\_\_\_\_ Both \_\_\_\_\_

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

*(If the Volunteer is a dependent, then the parent or guardian must sign for their charge)*